

## 6/4 - 17/4 ( SHEET 1 )

\* (DISH 1 - 8 Under Meat Type (属肉类) & DISH 9 - 13 Under Vege Type (属菜类).

### MON (一)

- 1) 酸甜黄梨鸡丁  
Sweet&sour pineapple chicken cube
- 2) 葱头红枣蒸鸡  
Steam chicken with shallot & red date
- 3) 南乳炸鸡翼  
Namyee deepfried chicken wing
- 4) 青咖喱猪肉片(辣)  
Green curry pork meat(spicy)
- 5) 豆瓣酱肉饼  
Dou ban sos pork biscuit
- 6) 豆干红烧肉  
Braised pork with bean curd
- 7) 蒜茸辣椒鱼(辣)  
Garlic paste cili sauce fish(spicy)
- 8) 美奶滋鱼排  
Mayonese fish chop
- 9) 大葱煎蛋  
Big onion omellette
- 10) 肉碎焖薯仔  
Mince meat potato
- 11) 肉碎豆卜卷  
Mince meat dou bok roll
- 12) 四川酱炒桂豆  
Sze chuan sauce fried french bean
- 13) 蚝油时菜  
Oyster sauce veg

### TUE (二)

- 1) 香茅炸鸡  
Deepfried lemongrass chicken
- 2) ABC蒸鸡  
Steamed ABC chicken
- 3) 梅菜炒鸡丝  
Mui choy stir fried chicken shredded
- 4) 照烧肉片  
Pork fillet with egg
- 5) 咸鱼肉片煲(辣)  
Salted fish pork slice pot(spicy)
- 6) 四川菜蒸排骨  
Steam porkrib wt szechuan preserved mustard
- 7) 咖喱猪狮头(辣)  
Curry homemade porkmeat ball
- 8) 大葱丝鱼  
Big onion slice with fish
- 9) 姜葱豆腐  
Ginger onion beancurd
- 10) 肉碎木耳蒸蛋  
Steam egg wt mince meat/fungus
- 11) 开胃佛手瓜(辣)  
Appetiziy fried chayote slice(spicy)
- 12) 豆酱矮瓜  
Tau cheong sauce brinjal
- 13) 虾米包菜粉丝  
Stir fried cabbage wt vermicelli&dry shrimp

### WED (三)

- 1) 宫保鸡丁(辣)  
Kong po chicken cube(spicy)
- 2) 老黄瓜蒸鸡  
Steamed chicken wt old cucumber
- 3) 特色炸鸡翼  
Special deep fried chicken wing
- 4) 冬菜蒸肉碎  
Steamed mince meat wt winter veg
- 5) 芋头虾米猪肉  
Pork meat with yam & dry shrimp
- 6) 金香猪肉(辣)  
Kam heong sauce porkslice(spicy)
- 7) 苏东炒双花  
Sotong fried wt brocolli/cauliflower
- 8) 署仔咖喱鱼(辣)  
Curry fish wt potato(spicy)
- 9) 芙蓉煎蛋  
Fried fu yong omellette
- 10) 罗汉斋  
Loh hon zai
- 11) 毛瓜虾米粉丝  
Hairy gourd vermicelli wt dry shrimp
- 12) 虾米羊角豆  
Stir fried lady finger wt dry shrimp
- 13) 腐乳油麦  
Fermented bean curd yau mak

### THU (四)

- 1) 署仔咖喱鸡(辣)  
Potato curry chicken(spicy)
- 2) 玛蜜鸡丁  
Marmete chicken cube
- 3) 参须雪耳蒸鸡  
Chinese ginseng&white fungus steam chicken
- 4) 算爆肉片  
Fried pork meat with leek
- 5) 肉燥拌鲜蔬  
Brussel sprouts wt braised mincepork sauce
- 6) 客家炸肉  
Hakka pork meat
- 7) 参芭肉碎四连豆(辣)  
Sambal mincemeat wt goe bean(spicy)
- 8) 甜酸鱼  
Sweet & sour fish
- 9) 鱼香豆腐  
Beancurd wt salted fish & mince meat
- 10) 咖喱薯仔(辣)  
Curry potato (spicy)
- 11) 胜瓜炒鱼饼  
Stir fried angled luffa wt fish cake
- 12) 沙丁鱼蛋  
Sardin fish omellette
- 13) 鱼饼炒小白菜  
Stir fried xiao pak veg wt fish cake

### FRI (五)

- 1) 家乡蒸鸡  
Signature steam chicken
- 2) 黑椒鸡丁(辣)  
Black pepper chicken cube(spicy)
- 3) 咸菜蒸鸡  
Steamed chicken wt salted veg
- 4) 豆角豆酱肉片  
Tau cheong sauce pork meat wt long bean
- 5) 干咖喱猪扒(辣)  
Dry curry pork chop(spicy)
- 6) 豆巾蒸肉丸  
Beancurd steam meatball
- 7) 西肯鱼丸  
Celery fish ball
- 8) 泰式鱼  
Thai sauce fish
- 9) 午餐肉煎蛋  
Luncheon meat omellette
- 10) 胜瓜豆腐  
Loofah taufu
- 11) 午餐肉炒薯仔  
Luncheon meat stir fried potato
- 12) 马来栈豆角(辣)  
Fried long bean wt belacan(spicy)
- 13) 油菜  
Oil veg