

## 20/4 - 30/4 ( SHEET 2 )

\* (DISH 1 - 8 Under Meat Type (属肉类) & DISH 9 - 13 Under Vege Type (属菜类).

### MON (一)

- 1) 黄梨蒜片蒸鸡  
Steamed chicken wt pineapple&garlic
- 2) 蒜片炒鸡丁  
Fried chicken cube wt garlic pieces
- 3) 黑椒鸡排(辣)  
Black pepper sauce chicken chop(spicy)
- 4) 干咖喱猪肉(辣)  
Dry curry pork meat (spicy)
- 5) 咸鱼蒸肉饼  
Salted fish steam pork meat biscuit
- 6) 彩虹炒肉碎  
Rainbow stir fried mince meat
- 7) 家乡loh bak  
Hometown loh bak
- 8) 酸辣式鱼(辣)  
Fish wt dickled mustard(spicy)
- 9) 四季豆炒豆干  
Stir fried bean curd wt french bean
- 10) 算炒鱼饼  
Leek fried wt fish cake
- 11) 黄芽白炒蛋  
Chinese cabbage fried egg
- 12) 菜心炒什  
Fried sawi with mix
- 13) 亚参介菜(辣)  
Assam gai choy(spicy)

### TUE (二)

- 1) 马来炸鸡  
Malay deep fried chicken
- 2) 醇香油淋鸡  
Steam chicken wt scallion sauce
- 3) 仁当署仔鸡丁(辣)  
Rendang chicken cube wt potato(spicy)
- 4) 果汁芝士肉丸  
Fruit juice spare cheese meat ball
- 5) 榨菜丝炒肉碎  
Chak choy slice fried mince meat
- 6) 马铃薯炒肉片  
Stir fried slice pork wt potato
- 7) 亚参时鱼(辣)  
Assam fish (spicy)
- 8) 酸菜蒸明虾  
Steam prawn wt salted mustard cabbage
- 9) 桂豆炒蛋  
French bean fried egg
- 10) 银鱼仔炒奶白  
Stir fried nai bak veg wt silver fish
- 11) 佛手瓜炒腊肠  
Chayote wt lup cheong
- 12) 咖哩什菜(辣)  
Curry mix veg (spicy)
- 13) 香肠炒菜胆  
Choy dam veg fried wt sausage

### WED (三)

- 1) 麻油炒鸡丁  
Stir fried Sesame oil chicken cube
- 2) 磨菇蒸鸡  
Steam chicken wt mushroom
- 3) 豆鼓焖鸡  
Braised chicken wt black bean paste
- 4) 咕嚕肉  
Kulu pork
- 5) 双花炒肉片  
Fried slice pork wt brocolli/cauliflower
- 6) 台式卤肉碎蛋  
Taiwan style braised mince meat wt egg
- 7) 西肯鱿鱼  
Celery fried wt squid
- 8) 苦瓜豆鼓鱼  
Braised fish wt black bean&bittergourd
- 9) 炸海鲜豆腐  
Deep fried seafood taufu
- 10) 蚝油生菜  
Oyster sauce lettuce
- 11) 蛋花小白菜  
Siew pak choy with egg sos
- 12) 双花炒什  
Fried mix brocolli/cauliflower
- 13) 四大天王(辣)  
Fried four king(spicy)

### THU (四)

- 1) 咸菜蒸鸡  
Salted veg steam chicken
- 2) 瓦煲鸡丁  
Claypot chicken cube
- 3) 南乳炸鸡  
Nam yee deep fried chicken
- 4) 玉米羹自制鸳鸯蛋  
Corn sauce homemade yin yang egg
- 5) 客家炸肉  
Hakka deep fried pork
- 6) 青菜草菇拌肉片  
Pork slice wt veg&straw mushroom
- 7) 酱蒸鱼片(辣)  
Sauce steam fish fillet (spicy)
- 8) 姜葱啦啦  
Ginger onion lala
- 9) 九菜煎蛋  
Chinese chivas fried omellette
- 10) 西肯炒豆干  
Stir fried celery wt dried beancurd
- 11) 肉碎番茄炒咸菜  
Mince meat tomato fried wt salted veg
- 12) 鱿鱼丝炒沙葛  
Shredded sengkuang wt dry cuttlefish
- 13) 鲍片炒青菜  
Abalone pieces fried green veg

### FRI (五)

- 1) 家乡蒸鸡  
Steamed signature chicken
- 2) 青椒炒鸡丁  
Chili apel stir fried chicken cube
- 3) 特式炸鸡翼  
Special deep fried chicken wing
- 4) 大头菜炒猪肉碎(辣)  
Fried mincemeat wt bighead veg(spicy)
- 5) 潮式酱油猪肉  
Teow chew style braised pork
- 6) 排骨王  
Bakkut king
- 7) 黄姜炸鱼  
Kunyit deep fried fish
- 8) 白勺蒸虾  
Steam wine prawn wt egg
- 9) 午餐肉  
Luncheon meat
- 10) 肉碎木耳蒸蛋  
Steam egg wt mince meat/fungus
- 11) 肉碎矮瓜  
Fried brinjal wt mince meat
- 12) 鸡汁炒时菜  
Chicken sauce stir-fried season veg
- 13) 咸鱼炒芥兰  
Stir fried kai lan wt salted fish