

5/10 - 16/10 (SHEET 1)

* (DISH 1 - 8 Under Meat Type (属肉类) & DISH 9 - 13 Under Vege Type (属菜类).

MON (一)

- 1) 炒姜片鸡丁
stir fried ginger onion chicken cube
- 2) 蒸醉鸡
steamed drunk chicken
- 3) 炸芝麻鸡翼
Deep fried sesame chicken wing
- 4) 梅菜猪肉
Preserved mui choy pork meat
- 5) 彩虹肉碎
Stir fried rainbow mince meat
- 6) 鼓汁蒸排骨
steam pork rib with black bean sauce
- 7) 奶油鱼片
Butter oil fish fillet
- 8) 参巴鱿鱼(辣)
Sambal squid(spicy)
- 9) 姜葱豆腐
ginger onion beancurd
- 10) 大葱煎蛋
Big onion deep fried omellette
- 11) 鱼饼炒豆角
Fried long bean wt fish cake
- 12) 甘香矮瓜
stir fried brinjal with kam heong sauce
- 13) 皮蛋元菜
bayam with preserved egg

TUE (二)

- 1) 炸黄姜鸡翼
deep fried malay style chicken wing
- 2) 柠檬鸡丁
Lemon chicken cube
- 3) 酸梅酱鸡
Sour plum sauce chicken
- 4) 豆鼓署仔蒸肉条
Steamed pork pieces wt potato & black beans
- 5) 甲必当肉片(辣)
Kapitan pork slice (spicy)
- 6) 排骨王
Bakkut king
- 7) 梅菜鱼
Preserved mui choy fish
- 8) 姜葱炒鱿鱼
Stir fried squid wt ginger onion
- 9) 泰式豆干
Thai style dry beancurd
- 10) 黄豆蛋
Yellow bean egg
- 11) 参巴四连豆(辣)
Stir fried sambal goe bean(spicy)
- 12) 豆酱苦瓜
Bittergourd in tau cheong sos
- 13) 罗汉斋
Loh hon zai

WED (三)

- 1) 沙爹酱鸡
Satay sauce chicken
- 2) 咕噜鸡丁
Kulu chicken cube
- 3) 家乡炸鸡翼
deepfried hometown chicken wing
- 4) 玛蜜肉饼
Marmete pork biscuit
- 5) 潮式酱油肉
Teow chew style braised pork
- 6) 青咖喱猪肉
Green curry pork meat
- 7) 亚参虾(辣)
Assam prawn(spicy)
- 8) 奶油蟹枣
Butter crab meat nugget
- 9) 菜香豆腐
Choy heong taufu
- 10) 虾仁煎蛋
fried omellette wt prawn
- 11) 肉碎番茄炒咸菜
Mince meat tomato fried wt salted veg
- 12) 开胃佛手瓜
Appetiziy fried chayote slice
- 13) 肉碎菜胆
Mince meat choy dam veg

THU (四)

- 1) 甘香鸡丁(辣)
Kam heong chicken cube(spicy)
- 2) 姜茸蒸鸡
Steamed ginger onion paste chicken
- 3) 卤鸡翼
Loh chicken wing
- 4) 姜葱猪肉
Ginger onion pork meat
- 5) 猪肉醋蛋(辣)
Black vinegar pork wt egg(spicy)
- 6) 西红柿蒸肉饼
Minced pork steamed tomato
- 7) 西肯鱿鱼
Celery squid
- 8) 酸甜鱼丸
Sweet & sour fish ball
- 9) 四季豆炒豆干
Stir fried french bean&dry beancurd
- 10) 日式蒸蛋
Japanese style steamed egg
- 11) 马来栈辣椒羊角豆(辣)
Belacan cili lady finger(spicy)
- 12) 咸鱼青瓜
Stir-fried cucumber wt salted fish
- 13) 油菜
Onion oil veg

FRI (五)

- 1) ABC蒸鸡
Steamed ABC chicken
- 2) 咖哩薯仔鸡丁(辣)
Curry potato chicken cube(spicy)
- 3) 蚝油焖鸡
Stewed oyster sauce chicken
- 4) 皮蛋蒸猪肉
Steamed pork wt preserved egg
- 5) 干肉骨茶(辣)
Dry bakkut tea (spicy)
- 6) 湿奶油明虾
Wet butter oil prawn
- 7) 三巴鱼(辣)
Sambal fish (spicy)
- 8) 海鲜蒸水蛋
Steamed seafood egg
- 9) 瓦煲豆腐
Claypot taufu
- 10) 午餐肉煎蛋
Luncheon meat fried omellette
- 11) 娘惹式炒长豆(辣)
Nyonya style long bean(spicy)
- 12) 雪瓜炒粉丝蛋
Stir fried taucu with vermicelli & egg
- 13) 港式甜梅菜炒菜心
preserved veg fried with sawi