

21/12 - 31/12 (SHEET 2)

* (DISH 1 - 8 Under Meat Type (属肉类) & DISH 9 - 13 Under Vege Type (属菜类).

MON (一)

- 1) 马来式炸鸡
Malay style deepfried chicken
- 2) 蒜茸豆酱鸡丁
Garlic paste taucu sauce chicken cube
- 3) 葱头红枣蒸鸡
Steam chicken wt shallot & red date
- 4) 肉酱拌蛋
Meat sauce ommellette
- 5) 青咖喱猪肉片(辣)
Green curry pork meat(spicy)
- 6) 红烧肉饼(辣)
Ang siew sauce pork biscuit(spicy)
- 7) 马来栈桂豆爆苏冬(辣)
Belacan sotong wt french bean(spicy)
- 8) 奶油海鲜豆腐
Butter seafood tofu
- 9) 炸鱼饼
Deep fried fish cake
- 10) 鱼饼炒豆角
Long bean fried wt fish cake
- 11) 黄豆蛋
Yellow bean ommellette
- 12) 亚参介菜(辣)
Assam gai choy(spicy)
- 13) 肉碎焖薯仔
Mince meat potato

TUE (二)

- 1) 吧辣鸡(辣)
Onion&chilies hot chicken(spicy)
- 2) 苦瓜焖鸡丁
Bittergourd braised chicken cube
- 3) KFC炸鸡翼
KFC deep fried chicken wing
- 4) 香芹辣肉片
Stir fried spicy meat wt celery
- 5) 卤猪肉蛋
Braised pork meat wt egg
- 6) 皮蛋蒸猪肉
Steamed pork fillet wt preserved egg
- 7) 金香竹滩(辣)
Kam heong sauce razor clam(spicy)
- 8) 咸蛋肉丸
Salted egg meat ball
- 9) 午餐肉
Luncheon meat
- 10) 咸鱼炒菜胆
Stir fried choy dam veg wt salted fish
- 11) 油菜
Oil veg
- 12) 阿三羊角豆(辣)
Assam lady finger (spicy)
- 13) 毛瓜粉丝
hairy gourd vermicelli

WED (三)

- 1) 白砌鸡
Steamed chicken
- 2) 黄梨鸡翼
Pineapple chicken wing
- 3) 麻油姜丝鸡丁
Sesame oil ginger slice chicken cube
- 4) 焖肉片红罗卜
Stew pork fillet wt carrot
- 5) 烧肉炒西青
Stir fried celery wt roasted pork
- 6) 黑椒炒猪肉(辣)
Black pepper fried pork meat(spicy)
- 7) 海鲜豆腐羹
Seafood taufu geng/soup
- 8) 咖喱鱼(辣)
Curry fish(spicy)
- 9) 肉碎焖豆巾
Mince meat stew dou jin
- 10) 蟹肉汁奶白菜
Crabmeat sauce nai bak veg
- 11) 三巴四角豆(辣)
Sambal goe bean(spicy)
- 12) 大葱炒小白菜
Big onion stir fried xiao pak choy
- 13) 黄芽白炒蛋
Chinese cabbage fried wt egg

THU (四)

- 1) 蜜椒汁鸡丁(少辣)
Honey pepper chicken cube(spicy)
- 2) 咸菜闷鸡丁
Salted veg stew chicken cube
- 3) 蒜香辣椒鸡
Spicy garlic chicken
- 4) 南乳酥炸肉片
Nam yee sauce deep fried pork fillet
- 5) 家庭式叉烧
Family style char siew
- 6) 鼓汁蒸猪肉
Steamed pork meat wt black bean sauce
- 7) 娘惹式鱼(辣)
Nyonya style fish (spicy)
- 8) 大葱沙丁鱼
Big onion slices sardin fish
- 9) 酱蒸大白丸(辣)
Sauce steam big white fish ball(spicy)
- 10) 鱼香矮瓜
Stir fried brinjal wt salted fish&mince meat
- 11) 粉丝虾米包菜丝
Stir fried cabbage wt vermicelli & dry shrimp
- 12) 罗汉斋
Loh hon zai(vegetarian)
- 13) 马来栈翁菜
Belacan kangkung(spicy)