

7/12 - 18/12 (SHEET 1)

* (DISH 1 - 8 Under Meat Type (属肉类) & DISH 9 - 13 Under Vege Type (属菜类).

MON (一)

TUE (二)

WED (三)

THU (四)

FRI (五)

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|---|---|--|--|--|
| 1) 署仔焖鸡块
Stewed chicken fillet wt potato | 1) 家庭式烧鸡
Family style roasted chicken | 1) 姜葱炒鸡丁
Stir fried ginger onion chicken cube | 1) 腐乳芝麻炸鸡
Fermented deepfried chicken wt sesame | 1) 姜茸蒸鸡
Ginger paste steamed chicken |
| 2) 双菇蒸鸡
Steamed chicken wt double mushroom | 2) 醇香油淋鸡
Steamed chicken wt scallion sauce | 2) 当归枸杞蒸醉鸡
Steamed drunk chicken wt dang gui&goji | 2) 冬菇腊肠蒸鸡
Black mushroom & lup cheong steamed chicken | 2) 梅菜焖鸡丁
Mui choy stew chicken cube |
| 3) 瓦煲鸡丁
Claypot chicken cube | 3) 仁当署仔鸡丁(辣)
Rendang chicken cube wt potato(spicy) | 3) 豆鼓焖鸡
Braised chicken wt black bean paste | 3) 蒜片炒鸡丁
Fried chicken cube wt garlic pieces | 3) 蒜香炸鸡翼
Deepfried fragrance garlic chicken wing |
| 4) 葱爆猪肉
Sauteed pork wt spring onion&ginger | 4) 姜葱肉丸
Ginger onion meat ball | 4) 咕噜肉
Kulu pork | 4) 宫保猪肉(辣)
Kong po sauce pork meat(spicy) | 4) 大头菜炒猪肉碎(辣)
Fried mincemeat wt bighead veg(spicy) |
| 5) 豆瓣酱肉饼
Dou ban soauce pork biscuit | 5) 榨菜丝炒肉碎
Chak choy slice fried mince meat | 5) 双花炒肉片
Fried slice pork wt brocolli/cauliflower | 5) 玛密猪肉
Marmete pork meat | 5) 潮式酱油猪肉
Teow chew style braised pork |
| 6) 咸鱼肉片煲(辣)
Salted fish pork slice pot(spicy) | 6) 蒸三黄蛋
Steamed trio eggs | 6) 甲必当肉片(辣)
Kapitan pork slice (spicy) | 6) 台式卤肉碎蛋
Taiwan style braised mincemeat wt egg | 6) 排骨王
Bakkut king |
| 7) 玉米羹自制鸳鸯蛋
Corn sauce homemade yin yang egg | 7) 甘香啦啦(辣)
Kam heong lala(spicy) | 7) 炸小五香卷
Deep fried small wu xiang roll | 7) 酿料
Stuffed things | 7) 黄姜炸鱼
Kunyit deep fried fish |
| 8) 亚参鱼(辣)
Assam fish(spicy) | 8) 酸菜炒明虾
Prawn wt salted mustard cabbage | 8) 苦瓜豆鼓鱼
Braised fish wt black bean&bittergourd | 8) 咸蛋鱼
Salted egg fish | 8) 白勺蒸虾
Steamed wine prawn wt egg |
| 9) 西肯炒玉菇
Stir fried celery wt white mushroom | 9) 腐竹卷
Fuchuk roll | 9) 金香鱼卷(辣)
Kam heong sauce fish roll(spicy) | 9) 算炒鱼饼
Leek fried wt fish cake | 9) 炸海鲜豆腐
Deep fried seafood taufu |
| 10) 星光豆腐
Xing guang beancurd | 10) 介兰花豆巾
Brocolli dou jin | 10) 豆酱矮瓜
Tau cheong sauce brinjal | 10) 咖哩署仔(辣)
Curry potato (spicy) | 10) 佛手瓜炒腊肠
Chayote wt lup cheong |
| 11) 甘香矮瓜
Stir fried brinjal with kam heong sos | 11) 马来栈四连豆
Belacan goe bean | 11) 焖三菇
Stewed trio mushroom | 11) 麻婆豆腐
Mapo taufu | 11) 肉碎木耳蒸蛋
Steam egg wt mince meat/fungus |
| 12) 港式甜梅菜炒菜心
Preserved veg fried with sawi | 12) 雪瓜炒蛋
Stir fried taucu with egg | 12) 虾米桂豆
Dry shrimp fried french bean | 12) 姜丝炒菜心
Stir fried sawi wt ginger slice | 12) 鱼饼炒小白菜
Stir fried xiao pak veg wt fish cake |
| 13) 银鱼仔炒奶白
Stir fried nai bak veg wt silver fish | 13) 咖哩什菜(辣)
Curry mix veg (spicy) | 13) 清炒芥兰
Stir fried kai lan veg | 13) 双花炒什
Fried mix brocolli/cauliflower | 13) 马来栈豆角(辣)
Fried long bean wt belacan(spicy) |